

APRIL IS **ALCOHOL RESPONSIBILITY MONTH**

How to Talk about Alcohol Responsibility

Whether you're a parent with kids in elementary school, a high school or college student, or an adult of legal drinking age, make April the month you start a conversation with a loved one about alcohol responsibility.

HOW TO TALK TO...

an adult of legal drinking age



What does "drink responsibly" really mean?

Learn about how alcohol affects your individual blood alcohol concentration (BAC) with our Responsibility.org Virtual Bar.

- ▶ Pick your gender, weight, height & age.
- ▶ Choose a drink, order some food.
- ▶ Learn how you might actually be feeling at different BAC levels.

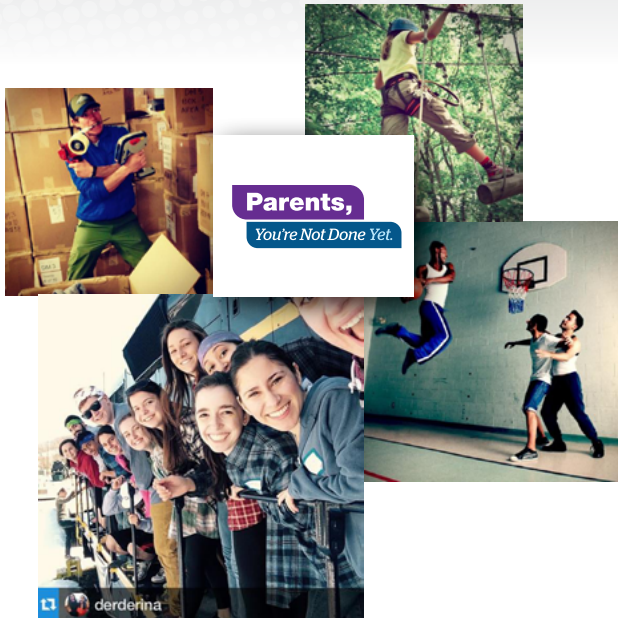


TWEET THIS

Do you know your limit? [Responsibility.org](https://www.responsibility.org) has your BAC. Check out our new Virtual Bar go-faar.org/1AvLgsn

HOW TO TALK TO...

a college student or a parent of a college student



Transitioning to college life, combined with greater freedoms, can lead students to make risky decisions.

Parents need to have meaningful and ongoing conversations with their kids beyond the high school years.



TWEET THIS

Parents, You're Not Done Yet - keep having ongoing convos about alcohol with your college kid. go-faar.org/1ANx7Gg



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RESPONSIBILITY.ORG

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HOW TO TALK TO...

a tween or parent of a tween

Visit Ask, Listen, Learn with your tween and learn about our new partnership with Scholastic & Classroom Champions.

Together, we'll provide more than 25,000 classrooms with educational resources to help kids say YES to a healthy lifestyle and NO to underage drinking.



TWEET THIS

My Alcohol #Responsibility Month inspiration is @AskListenLearn newest superstar Paralympic athlete April Holmes go-faar.org/19rNBhL



Meet our newest superstar **April Holmes**
Paralympic Gold Medalist,
Track & Field



HOW TO TALK TO...

a parent of a kid

Meet our newest #TalkEarly parenting blogger team!

Listen to their real-life tips and strategies for parents to help them model healthy, balanced behaviors and start conversations early and often about alcohol with their kids.



TWEET THIS

Need help starting an age-appropriate convo w/ your kid during Alcohol #Responsibility Month? Follow @goFAAR and @TalkEarly!



Visit our newly designed website at Responsibility.org for more tips and resources to help you start a conversation during April.

Responsibility.org



Tweet this
April is Alcohol #Responsibility Month! Start a conversation about what it means to be responsible about alcohol. @goFAAR can help.



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